



LAKE COUNTRY SOCCER
Condensed Indoor HOUSE Rules of Play
(effective, November 2011)

1. **NO CLEATS allowed** on the turf for league play. Multi-studded shoes of 32 studs or more (turf) are permitted. Flat soled soccer style shoes or flat soled athletic shoes are acceptable. Players found wearing cleats by the referees will be instructed to leave the field of play and not permitted to play. NO EXCEPTIONS.
2. **NO SLIDE TACKLING**, except by the goalkeeper within their own defending penalty area. A free kick shall be awarded to the opposing team. Repeated offenses by either team may result in a blue card or red card subject to the severity of the tackle.
3. **BLUE CARD** = a 2-minute penalty. The team plays short-handed until the penalty expires or the team concedes a goal.
4. **YELLOW CARD** = a 5-minute misconduct penalty. The team DOES NOT play short, but the offending player remains in the penalty box for the entire duration of the 5-minute period, regardless of the number of goals scored.
5. **RED CARD** = a 2-minute penalty. The team plays short handed until the penalty expires or the team concedes a goal. The player(s) receiving a red card is/are ejected from the game and suspended for at least one (1) additional game.
6. **RED CARD (2)**: A minimum (1) game suspension subject to the severity of the reason for the ejection. The LCS executive director/league director has sole authority to determine the length of the suspension. Any ejected player MUST leave the field immediately. Failure to do so may result in a lengthier suspension assessed against the offending player(s).
7. **FIGHTING**: Any player ejected for fighting will be suspended for a minimum of (2) two games. A lengthier suspension may be assessed subject to the severity of the incident. The LCS Executive Director/League director has sole authority to determine the length of the suspension which may include a lifetime ban from Lake Country Soccer.
8. **GAME TIME**: the game clock begins at the scheduled game time; except in extenuating circumstances.
9. **GAME TIME (2)**: Games are played with 2 – 25 minute halves. The clock runs continuously unless the referee(s) think a team with a lead is wasting time; the referee(s) may stop the clock at their discretion. The clock DOES NOT stop when the score is tied.
10. **GOALKEEPER RESTRICTION**: Goalkeepers may possess the ball by hand or foot for (5) five seconds in the defensive half of the field. Violations shall result in a free kick awarded to the opposing team at the top of the goalkeeper arc.
11. **GOALKEEPER RESTRICTION (2)**: Goalkeepers are restricted from propelling the ball by hand or foot, from behind the red dot in their own defensive half across the halfway line and the far red dot in the attacking half of the field of play (not the red dots located at the top of the arc, but the red dots equidistant from the top of the arc and the halfway line). This is a modified 3-line restriction on the goalkeeper only.
12. **TIME PENALTIES & MULTIPLE FOULS by players**: Goalkeepers MUST serve their own MISCONDUCT (5-MINUTE) time penalties. Blue cards against Goalkeepers shall be served by a teammate of the offending goalkeeper. Any player committing multiple fouls may be assessed a 2-minute “blue card” penalty at the referee’s discretion for persistent infringement.
13. **GUARANTEED SUBSTITUTIONS**: only after a goal is scored, administration of a time penalty or a player injury at the referee(s) discretion. Play will not be held up at any other time for substitutions subject to the referee(s) discretion.
14. **CO-ED League**: Two (2) women must be on the floor at all times. If a team is short one (1) woman, then a male player must be removed from the field. If no females are available to play, the game is FOREITED to the opposing team.
15. **INAPPROPRIATE CONDUCT**: Players, bench personnel and spectators are strongly discouraged from engaging in inappropriate conduct not suitable for a family friendly facility. Those persons acting in any manner deemed to be inappropriate will be asked to leave the facility. Further incidents may result in any person being banned for a period of time, from the facility.
16. **SPITTING**: any person who spits on the floor should be assessed a 5-minute “Yellow card” penalty. Additional infractions may result in a player or players being ejected from the game.
17. **NO GUM ALLOWED ON THE FIELD OF PLAY.**
18. **Lake Country Soccer is a tobacco free and alcohol free facility.**